



**FRIENDSHIP WEEK  
MAY 2016  
IPA MONTERÉGIE**



**15TH ANNIVERSARY OF THE  
MONTEREGIE REGION  
(REGION 15) IN 2016**

**12 DAYS, 11 NIGHTS IN CANADA  
20th MAY - 31st MAY 2016  
CONTACT: MR. CHRISTIAN PARENT, IPA PRESIDENT,  
MONTERÉGIE REGION  
[ipamonteregie2016@gmail.com](mailto:ipamonteregie2016@gmail.com)**

## DAY 1 MONTREAL

20 May

Arrival into Montreal airport, welcome by your guide and by members of IPA.  
Transfer to your hotel in Longueuil.

### Your accommodation:

**Hotel Sandman Longueuil \*\*\***

<http://www.sandmanhotels.ca/en/hotels/montreal-longueuil/>

## DAY 2 MONTREAL

21 May

Breakfast.

This morning, enjoy a City tour of Montreal.  
You will see the Place Ville-Marie which is constructed in the shape of a cross, St Joseph's Oratory, the Latin Quarter, the business district, St.Catherine Street and the underground city. We also stop at the Mount-Royal, a small "mountain" within the city, from where you can enjoy a panoramic view of Montréal.



Lunch at leisure and free time to discover Montreal or relax before the Gala Dinner.

Gala Dinner organised by IPA.



### Your accommodation:

**Hotel Sandman Longueuil \*\*\***

<http://www.sandmanhotels.ca/en/hotels/montreal-longueuil/>

## DAY 3: DISCOVER THE MONTEREGIE REGION

22 May

Breakfast.

Meet your guide, and head to Exporail, the Canadian Railway Museum, and discover the largest collection of railway material in Canada, and one of the most important collections in the world with more than 160 vehicles and 690 model trains. Visit the permanent exhibition and the miniature trains room in the Grand Gallery of the Angus Pavilion. This unique experience is a wonderful way to get to know the fascinating universe of trains!

Next we head to Ferme Guyon

Ferme Guyon is a horticulture farm of 11 hectares which includes greenhouses, a packing building, an ancestral barn, a Native American traditional dwelling and a general store where you will find a flower shop, fruits and vegetables, local food products, restaurant, garden tools & accessories, a tree nursery, a bakery, a herbalist's shop, a pedagogical farm and a butterfly shop.

Lunch.

**Visit of Fort Saint-Jean Museum.** Fort Saint-Jean Museum presents nearly 350 years of military history on the grounds of the Collège militaire royal de Saint-Jean, which stood witness to the passage of Amerindian warriors, French and British troops, American revolutionaries and several Canadian units. Located on the shores of the Richelieu River, the site has been declared a National Historic Site of Canada because of the three forts that were built upon it, and because of the important role it played during the American invasion of 1775, when the fort withstood a siege that lasted 45 days.



**Visit and Ice cider tasting at Jodoïn Cider House.**

Return to Longueuil. Dinner.

Your accommodation:

**Hotel Sandman Longueuil \*\*\***

<http://www.sandmanhotels.ca/fr/hotels/montreal-longueuil/>

**DAY4: MONTEREGIE / MORRISBURG / TORONTO**

**23 May**

Breakfast.

Head towards Toronto.

**Visit of Upper Canada Village.** Touring Upper Canada Village is a magical experience, transporting you back in time to the 1860s. A key part of the experience are the authentic buildings that make up the village, the activities that each housed, and of course, the people who lived there. Costumed interpreters will help you relive the experience of the 1860's.

**Lunch at Upper Canada Village.**

Continue towards Toronto.

Orientation tour of the *Queen City* of Canada including the business quarter, the Town Hall the financial quarter, the skydome, and the CN Tower, one of the highest free-standing structures in the world.

**On option: Go up the CN Tower: 33\$ per person.**

*Free time, and dinner at leisure in downtown Toronto.*

Your accommodation

**Quality Inn Airport West \*\*\*** or similar

<http://www.choicehotels.ca/en/quality-inn-airport-west-mississauga-hotel-cn070>

**DAY 5 : TORONTO / NIAGARA / TORONTO 24 May**

Breakfast, and head south towards Niagara Falls.

### **Excursion aboard Hornblower Niagara cruises.**

An exciting trip that gets you as close as possible to the breathtaking flow of water, power and mist that is the magnificent Niagara Falls. Within the Niagara Great Gorge we'll journey past the American Falls, Bridal Veil Falls and into the very heart of the famous Horseshoe Falls.

**On option: Helicopter ride over Niagara Falls (115\$CAD per person)**

### **Lunch in a panoramic restaurant with Falls view!**

Free time. At the end of the afternoon, we head towards Niagara on the Lake, a pretty 19th century village surrounded by orchards. Return to Toronto, Canada's largest city.

Dinner at leisure in downtown Toronto, and transfer back to the hotel.

### **Your accommodation**

**Quality Inn Airport West \*\*\* or similar**

<http://www.choicehotels.ca/en/quality-inn-airport-west-mississauga-hotel-cn070>

## **DAY 6: TORONTO / THOUSAND ISLANDS / OTTAWA**

### **25 May**

After breakfast we take a scenic driver along Lake Ontario. **Lunch on arrival in Gananoque.**

Cruise in the Thousand Islands, as you discover islands of all sizes and shapes. You will be wowed by the natural beauty of the islands, which have been recognised as a UNESCO world heritage site.



We then continue our journey to beautiful Ottawa, the Federal Capital of Canada. Ottawa has many beautiful parks but it's also a lively cosmopolitan city which works and plays in both of Canada's official languages.

Orientation Tour of Ottawa including: BY Market packed with artisan stalls, a farmer's market, boutiques, cafés and nightclubs. You'll also discover the Rideau Falls which were so named by the early French settlers from the impression you get of a curtain of water, as the locks of the Rideau Canal empty into the Ottawa river.

Check-in to your hotel for the next two nights.  
Dinner at a restaurant located near your hotel.

### **Your accommodation**

**Hotel Best Western Plus Gatineau\*\*\* or similar**

<http://www.bestwesterngatineau.ca/pagedaccueil.php>

## **DAY 7: OTTAWA**

**26 May**



Breakfast. This morning, visit the Parliament of Canada (the visit will be dependent upon the timings of Parliamentary sessions). Parliament hill is home to the impressive peace tower which houses a clock tower, a carillon of 53 bells, as well as a chapel built in memory of soldiers who died in the war.

Next, explore the RCMP (Royal Canadian Mounted Police) musical ride centre, which will include a visit of the stables, the riding school, the Farrier station, tack shop, and see the 'landau,' the state carriages used in royal escorts of Her Majesty the Queen.

Lunch.

This afternoon you`ll visit Rideau Hall, the General Governor`s house: Stroll around the city`s largest official residence. Rideau Hall, is open to the public year-round, giving visitors a rare opportunity to step into this beautiful place. Discover the magnificent gardens: you`ll find shade under one of the 10,000 trees, many of which have been specially planted by a visiting head of State, a member of the Royal family, or other dignitaries to mark an important event or anniversary. Have your camera at the ready for the 'inuksuk', the totem pole, or one of the stunning climbing roses in the garden.

**ON OPTION: Visit the Canadian Museum of History. (Please note, Canada Hall is closed until 2017)**

Evening and dinner at leisure.

Your accommodation

**Hotel Best Western Plus Gatineau\*\*\* or similar**  
<http://www.bestwesterngatineau.ca/pagedaccueil.php>

**DAY 8: OTTAWA / QUEBEC CITY**

**27 May**

Breakfast and we travel towards Quebec City.

For lunch a typical meal at a sugar shack awaits you. On the menu: taste traditional dishes with maple syrup. The music will make you want to get moving and dancing to traditional tunes of Québec! Finally, you`ll taste the delicious concoction of maple taffy on the snow.

This afternoon, you`ll enjoy a included city tour of UNESCO listed world heritage site Quebec City, not only the birthplace of French culture in North America, but also the only fortified north American city north of Mexico with remaining ramparts.

**You`ll see :** the Château Frontenac, the world`s most photographed hotel, the Place d'Armes, which under French rule, was the best place for military parades and public speeches, the Citadel, which is shaped like a polygon with four angles representing a star, the Battlefield Park, which was the scene of the battle between the British and French armies led by Wolfe and Montcalm, the Parliament Building, the first national historic site of Quebec and Laval University, the first French Catholic university in America.

Check-in at your hotel, followed by dinner in the old City.

Your accommodation

Hotel Ambassadeur \*\*\* or similar

<http://www.hotelambassadeur.ca/>

**DAY 9: QUEBEC CITY**

**28 May**

Breakfast.

Our first stop this morning is **Montmorency falls** which are actually higher than Niagara Falls and offer a panoramic view of the surrounding area, including the St. Lawrence River, Ile d'Orléans and old Quebec. Then we head across the bridge to Ile d'Orléans, known for its beautiful rural countryside.

You`ll visit a vineyard, and enjoy some ice wine tasting, a speciality of Ile d'Orléans.

After lunch we head back to Quebec City for an afternoon at leisure for shopping, sightseeing or relaxing.

Dinner at leisure.



Your accommodation

Hotel Ambassadeur \*\*\* or similar

<http://www.hotelambassadeur.ca/>

**DAY 10: QUÉBEC / TADOUSSAC / QUEBEC**

**29 May**

After breakfast we head north towards Baie Ste-Catherine, travelling through the beautiful region of Charlevoix. Renowned for its hospitality and landscapes that have enchanted painters, poets, writers, and musicians, the Charlevoix region is where nature and culture exist in perfect harmony.

Lunch on arrival.

This afternoon, you`ll experience an unforgettable whale-watching cruise where you`ll view and learn more about the whales that inhabit the St.Lawrence estuary. The marine species you may see include belugas, minke whales and humpback whales.

We head back towards Quebec City.



Enjoy your evening meal in the picturesque village of Baie Saint-Paul, renowned for its art galleries and boutiques selling local products and goods.

Overnight stay in Quebec City.

Your accommodation

**Hotel Ambassadeur 3\*\*\* or similar**

<http://www.hotelambassadeur.ca/>

**DAY 11 : QUEBEC / MONTREAL**

**30 May**

Breakfast and board the coach for Montreal. Lunch on arrival.

This afternoon is at leisure for your own personal discovery. There is so much to do in Montreal from museums, to shopping, to a stroll in Mont Royal park with its incredible views, to relaxing in one of the many cafes. Your guide will have plenty of suggestions to help you make the most of your final afternoon.

Check-in to your hotel.

Dinner in downtown Montreal.

Your accommodation:

**Hotel Sandman Longueuil \*\*\***

<http://www.sandmanhotels.ca/fr/hotels/montreal-longueuil/>

**DAY12: MONTREAL / MONTREAL AIRPORT**

**31 May**

Breakfast. Free time to enjoy the city, and lunch at leisure. Transfer to the airport for your flight home.

\*\*\*IMPORTANT\*\*\* Please note that the order of the itinerary or events may be modified for operational reasons or in order to ensure that the tour runs smoothly.

\*\*Please note, an electronic travel authorization (ETA) which is similar to the ESTA for the USA will be necessary to enter Canada in 2015. (estimated cost 7\$).

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Reservations

Mr. Christian Parent, President of IPA Monteregie

[ipamonteregie2016@gmail.com](mailto:ipamonteregie2016@gmail.com)

Please see the attached registration form for full details

Price per person in Canadian Dollars / all taxes included:

Twin or double occupancy: 1765\$ CAD

Single occupancy: 2400\$ CAD

Triple occupancy: 1570\$ CAD

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Supplement for a guide in any other language than French or English: 120\$CAD per person for the tour

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**THE PRICE INCLUDES:**

- Accommodation for 11 nights in 3-star category hotels
- All breakfasts
- Lunches from Day 3 to Day 11
- Evening meals on Days 3, 6, 8,10,11
- Gala Dinner on Day 2 (21<sup>st</sup> May) organised by IPA
- Transport in a luxury air-conditioned coach from Day 1 to Day 12
- The services of an English-speaking Tour Guide for the duration of the tour
- The presence of a member of IPA in each city
- The activities, excursions as mentioned in the programme such as:
  - Cruise aboard Hornblower Niagara Cruises (formerly the Maid of the Mist) at Niagara Falls
  - Lunch in a panoramic restaurant with views of the Falls
  - Stop at Niagara on the Lake
  - Visit of Upper Canada Village
  - Orientation tours of Toronto and Ottawa
  - A one-hour cruise in the Thousand Islands
  - Visit of the Musical Ride Centre of the RCMP
  - Visit of the Canadian Parliament
  - Visit of Rideau Hall
  - Whale Watching Cruise (3 hours)
  - Lunch in a sugar shack with entertainment
  - City tour of Quebec with a qualified guide (2 hours)
  - City tour of Montreal with a qualified guide (3 hours)
  - Visit of Exporail (the Canadian Railway Museum)
  - Cider tasting in the Monteregie region
  - Ice-wine tasting on Ile d'Orléans
  - Visit of the Fort St-Jean Museum
- All taxes

**NOT INCLUDED**

- Flights
- Evening meals on Days 1, 4, 5, 7, 9
- Lunches on days 1, 2 and 12
- Drinks other than tea and coffee during group meals
- Personal insurance and spending
- Baggage handling
- Tips for the guide and driver (suggestion of 3.00\$ per person per day for each)
- Tips for local city guides (suggestion of 1\$ per person per day)
- Optional activities

THESE PRICES MAY VARY IF THERE WERE TO BE A CHANGE IN OUR COSTS (INCREASE IN TAXES, AIRPORT TAXES, FUEL SURCHARGE ETC).

For information

**Approximate exchange rate as of 5<sup>th</sup> January 2015 (as a guide only):**

1 Euro = 1,43 CAD

1 \$ US = 1,20 CAD